



Wells Senior Citizens Center Menu

February, 2018



Monday 29th	Tuesday 30th	Wednesday 31st	Thursday 1st	Friday 2nd
 MILK & JUICE	 MILK & JUICE	Elko Trip MILK & JUICE	Turkey Burrito Green Salad Mixed Vegetable Tropical Fruit Cup MILK & JUICE	Oatmeal Egg and Ham bake Apricots WW Bread MILK & V-8 JUICE
Monday 5th	Tuesday 6th	Wednesday 7th	Thursday 8th	Friday 9th
Sloppy Joes Baked Beans Baby Carrots Fruit Cocktail MILK & JUICE	Breaded Chicken Mashed Potatoes Gravy Mixed Vegetable Garden Salad Oatmeal Cookie MILK & JUICE	Elko Trip Grilled Cheese Sandwich on WW Bread Tomato Soup Salad with Kidney beans Sliced Apples MILK & JUICE	Baked Pork Chops Sweet Potatoes Green Beans Green Salad Oranges Banana Pudding MILK & JUICE	Biscuits and Gravy Scrambled Eggs Bacon Fresh Fruit Tomato Slices MILK & V8 JUICE
Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th	Friday 16th
Cranberry Glazed Chicken Aztec Grain Salad Spring Salad Carrots Mandarin Oranges MILK & JUICE	Tacos Refried Beans Spanish Rice Garden Salad Jell-O with Fruit MILK & JUICE	Elko Trip Hamburger Steak with Brown Gravy and Grilled Onions Mashed Potatoes Brussel Sprouts 3 Bean Salad WW Roll MILK & JUICE	Clam Chowder Oriental Shrimp Salad Bran Muffin Banana MILK & JUICE	Scrambled Eggs Ham, Cheese, Veggies Hash browns WW Toast Apple Slices MILK & V-8 JUICE
Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd
Senior Center Closed For Presidents Day MILK & JUICE	Meatloaf Mashed Potatoes W/ Gravy Steamed Broccoli Tossed Salad WW Roll Apple Cobbler MILK & JUICE	Elko Trip Turkey Bean Soup BLT Sandwich Orange Spinach Salad Pear MILK & JUICE	 Chicken Broccoli Rice Beet Salad Apricot Bran Muffin Banana MILK & JUICE	Pancakes Scrambled Eggs Sausage Patties Strawberries Cucumber Salad MILK & V8 JUICE
Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 1st	Friday 2nd
Lasagna Chopped Spinach Garlic Toast Fresh Oranges MILK & JUICE	 Roast Turkey Stuffing Yams Green Beans WW Roll Cake and Ice Cream MILK & JUICE	Elko Trip Fish Tacos ColeSlaw Melon Cup Peanut Butter Cookie MILK & JUICE	Onion Soup Spinach Quiche Colorful Salad 7 Grain Bread Peach Yogurt MILK & JUICE	Biscuit and Sausage Gravy Scrambled Eggs Sausage Links Pineapple Chunks Tomato Slices MILK & V8JUICE

\$3.00 Suggested Donation if age 60 or Over. \$6.00 Fee if under age 60

If you can't get out, we deliver! Please call by 8:30 A.M. - 752-3280

Menu is Subject
to change

Senior Center Staff

Debra Campbell
Director

Suzanne Taylor
Cook

Darwin Healey
Driver/ Kitchen Asst

The Transportation program operates from 10 A.M. To 3 P.M. Monday through Thursday. Hours are extended upon request for appointments and social events when driver is available. Refer to the back of this menu for Social News.



FEBRUARY



Watch for Flyers at the Senior Center,
Roy's and Post office as well as
around town



Bingo is back Tuesday February 22nd after
lunch. Come join us!



Wells Senior Center will be Closed Monday
February 19th

Also on Feb 14th from 9am to 1:30 Nevada
Legal Services will be here. Call the
Center to set up an appointment.



To our February Birthdays

Mary Weiland 3rd

Loretta Ellis 3rd

Gary Anderson 4th

Robert Frank 10th

Jackie McDonald 17th

Roger Montoya 25th



Weekly trips to Elko. Call the Senior center for details.

Weather permitted. \$5.00 suggested donation for the
trip.

Just want to put a Big Thank
you out to the Leadership
class and Ms. H for Cooking
and delievering our
Pancake breakfast
Fundraiser on Jan 27th.

It was a success!