



Wells Senior Citizens Center Menu



MAY, 2017

MONDAY 1st	TUESDAY 2nd	WEDNESDAY 3rd	THURSDAY 4th	FRIDAY 5th
#47 Chicken Alfredo Peas & Carrots Salad Apple Cobbler MILK & JUICE	Nacho Supreme Lettuce/ Tomato Beef, Beans, & Cheese Sour Cream, Salsa Tropical Fruit cake MILK & JUICE	ELKO TRIP Roast Beef Sandwich Navy Bean Soup Green Salad Tropical Fruit Cup Oatmeal Cookie MILK & JUICE	#15 Pork Chop w bbq Sauce Mac N Cheese Sicilian Vegetables Apple Sauce MILK & JUICE	Breakfast 7am to 10am Biscuits and Gravy Scrambled Eggs Sausage Links Cucumber Salad Orange Slices MILK & V8 JUICE Nevada FOOD BANK
MONDAY 8th	TUESDAY 9th	WEDNESDAY 10th	THURSDAY 11th	FRIDAY 11th
#48 Turkey Bean Burrito Spanish Rice Zucchini Peaches MILK & JUICE	Ham & Cheese Sandwich Potato Soup Green Salad Rice Pudding Orange Slices MILK & JUICE	TWIN FALLS TRIP Chicken Tenders Potato Rounds Green Beans Frog eye Salad MILK & JUICE	#57 Chef Salad Ham, Turkey Hard Boiled Egg Wheat Roll Jell-O Strawberry Salad MILK & JUICE	USDA FOOD BANK Breakfast 7am to 10 am French Toast Bacon Eggs Cinnamon Apple Slices Avocado Salad MILK & V8 JUICE
MONDAY 15th	TUESDAY 16th	WEDNESDAY 17th	THURSDAY 18th	FRIDAY 19th
Chicken Salad Wrap Green Salad Mixed Fruit Cup Cheese & Crackers Lemon Mousse MILK & JUICE	#3 Meat Loaf Mashed Potato's Green Beans Salad MILK & JUICE	ELKO TRIP #39 Spaghetti Italian Vegetables Garlic Toast Salad Jell-O with Fruit MILK & JUICE	BLT Sandwich Cottage Cheese With Fruit Potato Chip Chocolate Chip Cookie MILK & JUICE	Breakfast 7am to 10 am Scrambler Eggs Ham, Mushrooms, Onion, Bell Peppers Banana Toast & Jam MILK & V 8 JUICE
MONDAY 22nd	TUESDAY 23rd	WEDNESDAY 24th	THURSDAY 25th	FRIDAY 26th
Oriental Chicken Salad Mandarin Oranges Egg Rolls Almond Cookie MILK & JUICE	BINGO #44 Swiss Steak Grilled Onions Mashed Potato Broccoli Apple Cobbler MILK & JUICE	ELKO TRIP #126 Cheese Burger Baked Beans Potato Salad Fresh Fruit MILK & JUICE	HAPPY BIRTHDAY! Open Faced Roast Beef Mashed Potato Green Beans Salad Ice Cream & Cake MILK & JUICE	Breakfast 7am to 10 am Biscuits & Gravy Eggs Bacon Tomato Slices Pears MILK & V8 JUICE
MONDAY 29th	TUESDAY 30th	WEDNESDAY 31st	June 1st	June 2nd
SENIOR CENTER IS CLOSED FOR MEMORIAL DAY	#37 Baked Potato Turkey Chili/cheese Steamed Carrots Mini Muffin Yogurt W/ Fruit MILK & JUICE	ELKO TRIP Chicken Salad With Apple and Walnuts Wheat Roll Pudding with Fruit MILK & JUICE	#60 Lemon Baked Fish Baked Potato Steamed Broccoli Salads W/ Beets Fresh Melon MILK & JUICE	Cheese Eggs With Ham Sweet Potato Hash browns Cottage Cheese Peaches MILK & V8 Juice

*The menu is subject to change.

213 First Street - \$3.00 Suggested Donation if age 60 or Over. \$6.00 Fee if under age 60
If you can't get out, we deliver! Please call by 8:30 A.M. - 752-3280

SENIOR CENTER STAFF

Debra Campbell

Suzanne Taylor

Robert Frank

Jim DeMello

The Transportation program operates from 10 A.M. To 3 P.M. Monday through Thursday. Hours are extended upon request for appointments and special events when a driver is available. Refer to the Monthly Newsletter on the back of this menu for trips to Elko & social events scheduled outside normal business hours.

